



# HUMAN RESOURCE MANAGEMENT

Level 1 - Intro to HR Management in Apparel Industries

Duration : 3 days / Participants: HR staff, compliance staff

Class size : 30 participants

## LEARNING OBJECTIVES

- Become an effective HR manager
- Utilise effective workforce planning, recruitment and selection, employment process
- Comply with legal requirements
- Design training, wage & benefit systems that build capacity & boost worker motivation
- Develop performance appraisal tools
- Integrate HR into overall management systems

## COURSE VENUE / DATES



- 25th ~ 27th Feb 2026 at Grand Palace Hotel, Yangon.
- 2 participants per factory (HR officer /HR Staff/Compliance Staff)
- Workshop conducted in Myanmar language
- Register before February 20<sup>th</sup> 2026.

Effective management systems are essential for stability, predictability, and harmony within a large company. Garment factories are among the largest employers in Myanmar, with many companies managing workforces in the thousands. Good HR management can motivate employees to be more loyal and effective in their work through efficient communication between workers and managers. Investing in good HR management is undoubtedly an investment in company success. Due to the rapid growth in the number of factories in Myanmar, the industry faces a shortage of experienced HR staff. Therefore, companies must invest time and effort to ensure their HR teams are adequately trained and prepared.

## COURSE CONTENTS

- HR management system components
- Workforce Planning
- Recruitment, Selection, and Employment
- Managing Leave and holidays
- Setting Remuneration and Payment of wages
- Performance appraisal system
- Training and Development programs
- Employee Relations
- Evaluating HR Outcomes

## BENEFITS

- Improved HR team capacity
- Elimination of risks during recruitment (e.g. fake ID cards)
- Hiring the right person for the right position
- Reduced monthly staff turnover
- Enhance worker motivation and employee relations
- Reduced expenses due to increased work efficiency

**To learn more or register**  
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